

POST CONCUSSION SYMPTOMS

COGNITIVE

Feeling Mentally Foggy
Difficulty Concentrating
Difficulty Remembering
Repeats Questions
Feeling Mentally Slowed Down
Forgetful of Recent Information
Confused About Recent Events
Answers Questions Slowly

PHYSICAL

Headache
Nausea/Vomiting
Balance Problems
Numbness/Tingling
Sensitivity to Light/Noise
Visual Problems
Dizziness
Dazed or Stunned

Irritability
Sadness
More Emotional
Nervousness

EMOTIONAL

Drowsiness
Sleeping Less Than Usual
Sleeping More Than Usual
Trouble Falling Asleep

SLEEP